Module specification

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Module code	COU520
Module title	Supervised trainee counselling practice (2)
Level	5
Credit value	20
Faculty	Social & Life Sciences
Module Leader	Jackie Raven
HECoS Code	B940
Cost Code	GASC

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
Diploma of Higher Education in Counselling	Core

Pre-requisites

N/A

Breakdown of module hours

Learning and teaching hours	38 hrs
Placement tutor support	10 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	**38** hrs
Placement / work based learning	50 hrs
Guided independent study	102 hrs
Module duration (total hours)	200 hrs

For office use only	
Initial approval date	30th March 2021
With effect from date	1st September 2021
Date and details of revision	
Version number	1

Module aims

Students will continue clinical practice placements during this module. This will include working in placement and accruing client contact hours towards the required total of 100 clinical placement hours, once readiness and fitness for practice have been demonstrated. Students who did not complete readiness for practice assessment within module COU405 have the opportunity to do so within this module.

Students will participate in clinical supervision external to the University as well as Clinical Practice Improvement (CPI) groups and develop their ability to critically reflect upon clinical practice and to utilise session recordings and transcripts to aid reflection on the efficacy of their developing ability to put theory into practice.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Critically evaluate part of a clinical recording from a client session on placement.
2	Demonstrate an ability to integrate theory, practice, personal development and competent ethical practice.
3	Demonstrate an ability to handle challenging issues arising within the therapeutic relationship and manage these autonomously.
4	Critically assess own areas for development and options to address these.
5	Demonstrate the ability to keep and manage appropriate professional records to provide supporting evidence of successful completion of counselling placement of 100 hours through a professional portfolio and log of practice evidence.

Assessment

Indicative Assessment Tasks:

Portfolio of evidence. Practical clinical skills assessment, 50 hour and 100 hour supervisor reports, log of placement hours signed by supervisor, log of supervision sessions signed by supervisor (minimum 1.5 hours per month contracted to happen at least fortnightly. sessions will be negotiated, contracted for and paid for by the student directly to the supervisor), Individual and group sessions can be counted, so long as no more than 4 supervisees are part of a group – in which case a 2 hour supervisions session can be counted as ½ hour by each supervisee present, satisfactory report from PD facilitator demonstrating purposeful and appropriate engagement, placement pack evidence signed by placement provider, supervisor, student and University signatory (programme leader, placement manager, module leader, tutor).

Attendance: attendance and participation are requirements of the course because they

evidence the number of training hours received for potential future individual accreditation with professional bodies such as BACP.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1,2, 3, 4 & 5	Portfolio	100%
2		Attendance	Pass / Fail

Derogations

Credits shall be awarded by an Assessment Board for those modules in which all elements have been passed and a pass grade of 40% has been achieved.

Not eligible for RP(E)L

Learning and Teaching Strategies

Community meeting / Home groups

Clinical supervision and practice development group

Audio recordings

Transcript and discussion Independent reading and reflection

Optional Personal journal

Personal therapy/support activities as appropriate

Readiness to practice exercise (if not completed last term)

Clinical placement

Personal clinical supervision

Tutorials

Participation in personal development group

Use of ICT:

A Module Handbook and Virtual Learning environment (VLE)

The module will draw on published books, journals and web resources in the field.

Indicative Syllabus Outline

Ethics Groups

Practice Groups

Casework discussion groups

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update. Please refer to the Module handbook for relevant academic year for the latest reading list.

Essential Reads

Bond,T. (2010), Standards and Ethics for Counselling in Action 3rd edn London: Sage

Mearns, D. and Thorne, B. (2013), Person-Centred Counselling In Action. 4th edition. London: Sage Publications Ltd

Mearns, D. & Cooper, M. (2005), Working at Relational Depth in Counselling and Psychotherapy. London. Sage.

Sanders, P. (2003), The Tribes of the Person-centred Nation: A Guide to the Schools of Therapy Associated with the Person-centred Approach. London. SAGE.

Tudor, K (2008), Brief Person-Centred Therapies. London: SAGE

Electronic resources are made available via the VLE for each module. These include links to video clips, presentations and lecture / seminar handout as well as digitised texts where appropriate.

Other indicative reading

BACP Ethical Framework available to download: www.bacp.co.uk/ethical_framework/

Bor, R. & Watts, M. (2011), *The Trainee Handbook: A Guide for Counselling & Psychotherapy Trainees* 3rd edn. London. Sage

The module handbook will offer further suggested reading

Employability skills – the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

Core Attributes
Engaged
Enterprising
Creative
Ethical

Key Attitudes
Commitment
Curiosity
Resilience
Confidence
Adaptability

Practical Skillsets
Digital Fluency
Organisation
Leadership and Team working
Critical Thinking
Emotional Intelligence
Communication